

Items to remove from your home:

- Mismatched socks
- Old undies
- Clothes that no longer fit
- Promo T-Shirts you don't wear
- Pajamas you no longer wear
- Extra jogging pants
- Saggy, thin yoga pants
- Old bras
- Old shoes
- Mismatched jewelry
- Jewelry you never wear
- Old shampoos you don't use
- Old toothbrushes
- Extra hand lotions
- Old makeup brushes
- Expired makeup
- Old concealer
- Old face washes
- Hair elastics with no stretch
- Old combs or brushes
- Broken necklaces
- Old wallets
- Hair clips
- Expired or dried up nail polish
- Dull nail files
- Blankets or throws you don't use
- Scratchy towels
- Facecloths
- Expired pills
- Expired supplements
- Files you no longer need

- Expired receipts
- Donate can food you don't use
- Expired Condiments
- Extra salt and pepper shakers
- Snacks you don't like or eat
- Appliances that you never use
- Extra dishes that you don't need
- Chipped mugs
- Cookware you don't need or have multiple of
- Tupperware without lids
- Recycle plastic bottles
- Water bottles that don't have lids (from sports)
- Plastic utensils
- Dried flowers
- Old greeting cards
- Empty bottles of wine or beer
- Wine corks
- DVDs you no longer watch
- Cords you don't need
- Old or broken cordless phones
- Cookbooks you do not use
- Specialty tea or coffee you don't drink
- Old magazines
- Dead batteries
- Broken electronics
- Purses you no longer use
- Scarves and toques that you no longer wear
- Old spices
- Old pillows
- Grungy pillow cases
- Broken kitchen utensils
- Old tablecloths, napkins and placemats

- Unused craft supplies
- Old textbooks
- Broken holiday decorations (Christmas, Easter, Valentine's day etc.)
- Gift wrapping supplies you don't use (all the tacky stuff, keep the kraft paper and neutral bags and paper)
- Junk mail
- Catalogs
- Coupons
- Gift cards (check them first)
- Business cards (keep the ones that are relevant)
- Old invitations
- Used puzzles
- Games you don't play
- Take out menus
- Stained T-Shirts
- Old Calendars or planners
- Ticket or concert stubs
- Unused office supplies
- Party favors
- Unlovable nicknacks
- Loyalty cards from stores you don't frequent
- Condiments packages
- Rubber bands
- Gifts you don't like or use
- Extra buttons
- Rusty tools
- Paper manuals that you can find easily online
- Boxes
- Travel brochures
- Random jars or containers
- Old Computer programs
- Disliked large pieces of furniture

- Extra tables, chairs or lamps that are not needed/used
- Extra comforter sets
- Bedding sheets (old or unmatched)
- Go through your re-usable grocery bags, wash them and donate any you don't love and use
- Old dog leashes
- Expired pet treats
- Expired pet meds
- Ratty pet beds
- Old paper the kids have brought home (tests, notes etc) that hold no sentimental value
- Broken toys
- Old sports gear that fits no one in your house

"If you don't love it or use it, it's clutter"-Kel ♥